



# Interdisciplinary Therapeutic Child, Youth and Family Protection Center

**BHIDAPA Bosnia and Herzegovina** Emerika Bluma 9, 71000 Sarajevo Phone +387 61 773 887

bhidapa.ba



Children, youth and their parents (kindergartens, schools, centers for social work) refer to us with various challenges. If your answer to some of following questions is affirmative, we encourage you to contact us:

- >> Do you think that your child is stressed?
- » Did your child experience a stressful event?
- Did your child experience loss of a loved one?
- Are you worried about your child's behavior?
- >> Does your child have difficulties in tackling schoolwork?
- Are you worried about your child's reaction to divorce?
- Do you ask yourself if you are a good parent to your child?
- >> Does your child experience difficulties in relating to their peers?
- Are you worried about changes in your child's emotions and behavior?

#### MULTIDISCIPLINARY AND INTERSECTORAL COOPERATION



Interdisciplinary therapeutic center for protection of children, youth and family is an association that provides support to children, youth and their families through all three tiers of prevention-focused work.

Support from various developmental age experts, as well as multidisciplinary diagnosis and treatment for children are available at our Centre. All processes are adjusted to children and are in line with scientific knowledge and best-practice policies of similar institutions in the world, and are proven to be the most effective approach in protection of health and wellbeing of children and youth.

#### **BIG THINGS OFTEN HAVE SMALL BEGINNINGS**

Research shows that adequate support in difficult life situations could prevent many difficulties and that early detection of difficulties in children enables timely provision of support. Give your child (and yourself) professional support in facing life's challenges, in order to prevent possible difficulties. If you have noticed some changes in your child that you are worried about share your doubts with our experts—asses together whether professional support is needed and ask for advice how you can best support your child. (Quote from the movie Lawrence of Arabia, 1962)

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#### Y EMPOWERING THE PARENT WE EMPOWER THE CHILD

The environment in which a child is raised has a strong impact on a child. Research shows that support provided to adults from the child's environment is a key factor for the child's recovery. This is the main

A family's path towards the

Center

#### **FIRST VISIT** A specialist meets with

the child and together CONTACT THE with the child's parents and in accordance with A parent contacts us or the child's needs makes the decision on which is directed to the Center by other experts should be institutions. Our staff is included in the available to parents on assessment of the child's needs.



#### **ASSESSMENT**

Using child adjusted approach and procedures, experts assess the child's and the family's needs through team analysis.

**NEEDS** 



#### **SUPPORT AND TREATMENT**

**OPINION AND** and of the family is **RECOMMENDATIONS**adjusted to their needs with full availability of a Based on diagnostic multidisciplinary team. assessment, experts create a picture of the child's needs and suggest the type of support to be provided

to the child and to the

family.



#### **HEALTH MAINTENANCE**

BHIDAPA experts also stay available to the child and to the family after the support / treatment has been provided.





Support of the child



the phone:

+387 61 55 48 48

**CENTER** 

### What to say to a child before visiting Center?

"you will talk to someone who helps children"

"you can say whatever you are thinking and feeling"

"you can be yourself and openly talk there"

"no one will force you to do something you don't want to do"



## Team of experts which is taking care about children and youth in the Center:

Child Psychotherapists	Pediatrician	Social Worker
Child Neuropsychiatrists	Psychologists	Phonetician
Specialist in Clinical Psychology	Social Pedagogy Specialist	Attorney