

**Institute for integrative psychotherapy and counselling,
Ljubljana**

DIPLOMA IN SUPERVISION

15th -19th of November 2023

7th - 11th of February 2024

Ljubljana, Slovenia

Assist. prof. Maša Žvelc and prof. Gregor Žvelc

The course is based on an integrative relational approach to psychotherapy supervision (Gilbert & Evans, 2008; Erskine, 2015; Žvelc, 2015, 2017) and on mindfulness and compassion-oriented integrative supervision (Žvelc & Žvelc, 2023). This course builds on preceding courses run by Joanna Hewitt Evans and the late doctor Ken Evans (Maslow Award for Contributions to Psychotherapy 2015). It is a transtheoretical training course open to psychotherapists and counsellors from different psychotherapy approaches.

The course consists of **two five days workshops**.

Workshops cover the following themes and concepts:

- Models of supervision and supervision processes
- Supervision alliance and working with alliance ruptures
- Methods and techniques in supervision
- Emotional and body/ physiological dimensions in supervision
- Emotional and physiological regulation in supervision
- Mindfulness-oriented supervision interventions
- Working with self-compassion in supervision
- The role of unconscious processes, shame and nondisclosure in supervision
- Supervision and self-care
- Anti-oppressive practice, culture, ecology and the transpersonal
- Ethical dilemmas and the role of the supervisor.

Between the workshops, a three-month gap is built into the course structure. This enables participants to reflect on the theory and literature and complete a **mini-case study**. During the second workshop, each participant will also make a **short presentation** on an aspect of supervision. Both workshops will combine theoretical input and experiential work.

Further requirements. Case study (transcript of a supervision session with commentary), 50 hours of clinical supervision with supervisees, 30 hours of supervision of supervision.

After completing all the requirements, the candidates will receive the **Diploma in Supervision**, awarded by the Institute for Integrative Psychotherapy and Counselling. The course is accredited by the European Association for Integrative Psychotherapy (EAIP) (<https://www.euroaip.eu/eaip-accredited-supervision-programs>) and leads to the EAIP supervision certificate (for psychotherapists who are ECIP holders). The course also provides hours of supervision of supervision within the International Integrative Psychotherapy Association (IIPA) and European Association for Transactional Analysis (EATA).

The course is **recommended for** qualified and experienced psychotherapists from different psychotherapy approaches, normally three years post-qualification. It is also open to experienced therapeutic counsellors who will receive a Diploma in Counselling Supervision upon completing the requirements.

COURSE TRAINERS

Assist. Prof. Maša Žvelc, PhD, a doctorate in psychology, Integrative Psychotherapist (EAIP, IIPA), International integrative trainer and supervisor (IIPA, EAIP; EUROCCPS).

She is a director of the Institute of Integrative Psychotherapy and Counselling (Ljubljana, Slovenia), where she has psychotherapy and supervision practice and leads the training in integrative psychotherapy. She also teaches at the University of Primorska, FAMNIT; Department of Psychology. For her doctorate study, she was researching the supervision processes.

Prof. Gregor Žvelc, PhD, clinical psychologist

He is co-founder of the Institute of Integrative Psychotherapy and Counselling. He is an International Integrative Psychotherapy Trainer and Supervisor (IIPA) and Teaching and Supervising Transactional Analyst (EATA). In 2019, he was awarded the first professional award from the International Integrative Psychotherapy Association. He is a full professor at the Department of Psychology (University of Ljubljana).

Maša Žvelc and Gregor Žvelc are coauthors of two books published by Routledge:

- 1) *Mindfulness and compassion in integrative supervision*
<https://www.routledge.com/Mindfulness-and-Compassion-in-Integrative-Supervision/Zvelc-Zvelc/p/book/9781032046549>
- 2) *Integrative psychotherapy: A mindfulness- and compassion-oriented approach*
<https://www.amazon.com/Integrative-Psychotherapy-Mindfulness-Compassion-Oriented-Advancing/dp/0367259087>

WHEN:

The course is run over two five-day modules:

1st module: **15. -19. November 2023**

2nd module: **7.-11. February 2024**

Both modules will run from Wednesday to Sunday from 9 a.m. to 5 p.m.

WHERE:

Institute for Integrative Psychotherapy and Counselling,
Stegne 7, 1000 Ljubljana, Slovenia

FEE:

1.708 EUR (1.400 EUR + 22% TAX)

Please, send your application before the **10th of September 2023** to
info@institut-ipsa.si

Include the following data: *Name, professional title, contact address, e-mail, phone number, professional experiences and motivation*

After your initial application, we will send you further information for registration for the course.